Continuing Education Offering

Mentalization-Based Treatment (MBT): Advanced Training

Held on: Thursday March 26 – Friday March 27, 2015
Location: The Conference Center at Waltham Woods, Waltham, MA
860 Winter Street, Waltham, MA 02451
Tuition Fee: $750
Prerequisites: 3-day Basic MBT Training

Provided by: Borderline Personality Disorder Training Institute, McLean Hospital
Course Directors: John G. Gunderson, MD and Lois W. Choi-Kain, MD, MEd
Faculty: Anthony W. Bateman, MA, FRC.Psych; Lois W. Choi-Kain, MD, MEd;
Peter Fonagy PhD; John G. Gunderson, MD; and Brandon Unruh, MD

Course Description:
This workshop is suitable for mental health and other professionals who are interested in the
treatment of personality disorders and have already completed the 3-day Basic MBT Training.
Participants are expected to have been using mentalizing skills in their everyday practice and,
when possible, to have participated in supervision. This two-day workshop will expand on
previous knowledge and embed the basic skills of MBT. Participants learn how to use the MBT
adherence scale for individual therapy and hone their MBT skills through clinical demonstration,
video ratings, and role plays. Using video, participants demonstrate their use of basic
interventions within a standardized scenario with an actor. This may be used towards recognition
of competence and access to supervision to become a supervisor.

Target Audience:
 Physicians, nurses, psychologists, social workers, and licensed mental health counselors who
have completed the 3-day Basic MBT Training.

Educational Objectives:
By the end of this course, participants will be able to:
• Use the MBT adherence scale for individual therapy
• Demonstrate application of MBT technique in video-taped role plays
• Understand the application of MBT to disorders other than BPD
• Develop MBT services
• Train other practitioners in the use of MBT
Agenda

Thursday March 26, 2015

8:00 a – 9:00 a  Registration and breakfast
9:00 a – 9:15 a  Introduction to course
9:15 a – 10:30 a  Discussion of basic model
10:30 a – 10:45 a  Break
10:45 a – 11:30 a  New developments
11:30 a – 12:45 p  Adherence scale with brief video
12:45 p – 2:00 p  Lunch
2:00 p – 2:40 p  Video
2:40 p – 3:30 p  Small group discussion and rating of video
3:30 p – 4:00 p  Break
4:00 p – 5:00 p  Reports from small group and large group discussion

Friday March 27, 2015

8:00 a – 9:00 a  Breakfast
9:00 a – 10:00 a  Role play of scenario A in small groups
10:00 a – 10:20 a  Break
10:20 a – 11:50 a  Discussion of scenario A video material
11:50 a – 12:45 p  Role play of scenario B in small groups
12:45 p – 1:40 p  Lunch
1:40 p – 3:15 p  Discussion of scenario B video material
3:15 p – 4:30 p  Overview of modifications of MBT for other disorders

Faculty Information

Anthony W. Bateman, M.A., F.R.C.Psych. Director, Psychotherapy Services and Research Lead, St. Ann’s Hospital, London Visiting Professor, University College, London Chief Examiner, Royal College of Psychiatrists, United Kingdom
Lois W. Choi-Kain, M.D., M.Ed. Medical and Program Director, Gunderson Residence at McLean Hospital, Co-Director, McLean Borderline Personality Disorders Training Institute, Instructor of Psychiatry, Harvard Medical School
Peter Fonagy, Ph.D. Chief Executive Officer, Anna Freud Centre, London Head of Department, Research Department of Clinical, Educational and Health Psychology, University College London, Clinical Professor of Psychiatry, Yale School of Medicine Adjunct Professor of Psychiatry, Baylor College of Medicine
John G. Gunderson, M.D. Director, Psychosocial and Personality Research, McLean Hospital, Director, Center for the Treatment of Borderline Personality Disorder, McLean Hospital, Professor of Psychiatry, Harvard Medical School
Brandon Unruh, M.D. Medical Director, McLean Hospital Mentalization Clinic, Staff Psychiatrist, Gunderson Residence at McLean Hospital

Jointly Sponsored Continuing Education For:

Physicians: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of McLean Hospital and the BPD Training Institute. McLean Hospital is accredited by the ACCME to provide continuing medical education for physicians. McLean Hospital designates this educational activity for a maximum of 12.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Psychologists: This program is co-sponsored by McLean Hospital and the BPD Training Institute. McLean Hospital is approved by the American Psychological Association to sponsor continuing education for psychologists. McLean Hospital maintains responsibility for this program and its content. This offering meets the criteria for 12.0 C.E. hour(s) for psychologists. For more information, please call 617-855-3195.
Continuing Education For:

**Nurses:** This program meets the requirements of the Massachusetts Board of Registration in Nursing (244 CMR 5.00) for 12.0 contact hours of nursing continuing education credit. Advance practice nurses, please note: educational activities which meet the requirements of the ACCME (such as this activity) count toward 50% of the nursing requirement for ANCC accreditation.

**Social Workers:** For information about continuing education credit for social workers, please call 617-855-3195.

**Licensed Mental Health Counselors:** McLean Hospital is an NBCC Approved Continuing Education Provider (ACEP™) and may offer NBCC approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. The hospital’s provider number is 6085. This program is approved for 12.0 clock hours of CE credit or 1.2 CEUs.

Disclosure Policy:

Harvard Medical School (HMS) adheres to all ACCME Essential Areas, Standards, and Policies. It is HMS’s policy that those who have influenced the content of a CME activity (e.g., planners, faculty, authors, reviewers, and others) disclose all relevant financial relationships with commercial entities so that HMS may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

SAVE THE DATE: Upcoming Workshops

- Good Psychiatric Management: June 10, 2015

Registration Information: See attached form

Payment by check only. A confirmation letter will be mailed to attendee upon receipt of registration form and payment.

Refund policy: No refunds. Due to the very small nature of this training, refunds cannot be granted. If the registrant is unable to attend, they may send a substitute attendee.

Additional information available from

**McLean Borderline Personality Disorder Training Institute**

Email: BPDTrainingInstitute@partners.org
McLean Borderline Personality Disorder Training Institute
Registration Form to be completed and mailed to below address

Mentalization-Based Treatment (MBT): Advanced Training
March 26-27, 2015
Tuition Fee: $750

Full Name:

________________________________________
Last First MI Degree

Mailing Address:

________________________________________
Street

________________________________________
City State Zip Code

________________________________________
Daytime Phone Fax

Email

Please mail a check payable to McLean Hospital for $750. We will verify check has been received. We must receive payment within 3 weeks of registration to hold the spot in the course. No refunds.

Mail to: McLean BPD Training Institute
Mailstop 312
c/o Jenna Adams
115 Mill Street
Belmont, MA 02478

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