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BLOG TALK RADIO

Deconstructing Stigma: Alan Scherer Shares His Personal Views on Mental Illness

An incredible project created by [McLean Hospital](#) called [Deconstructing Stigma](#) strives to showcase what mental illness looks like from all walks of life. One of their participants, Alan Scherer, reached out to us for an interview in order to spread awareness about this project and his personal struggles with bipolar disorder. Our interview is about his personal beliefs around mental illness, medication, relationships, how men are treated in households mostly controlled by women in trauma—the effects on the young men trying to define themselves.