

## Clinical and Family Resources

- Guidelines for Families (National Education Alliance Borderline Personality Disorder):  
<http://www.borderlinepersonalitydisorder.com/family-connections/family-guidelines/>
- <http://www.mcleanhospital.org/clinical-services>
- McLean Hospital Division of Alcohol and Drug Abuse
- McLean Signature Recovery 844-625-3269
- McLean Residential Referral Coordinator: 617-855-3934

## Self-Help Resources

- AA: <http://www.aa.org/>
- NA: <http://www.na.org/>
- SMART: <http://www.smartrecovery.org/>
- Dual Recovery: <http://draonline.org/>
- Refuge Recovery: <http://www.refugerecovery.org/>
- Women for Sobriety: <http://womenforsobriety.org>