Internship Training
In
Clinical Psychology
2017-2018

McLean Hospital
Harvard Medical School
115 Mill Street
Belmont, MA 02478
Phone: (617) 855-2328  Fax: (617) 855-2550
Email: psychologytraining@mclean.harvard.edu

Accredited by:
Commission on Accreditation
American Psychological Association

For questions regarding the program’s accreditation status, contact:
Office of Program Consultation & Accreditation
American Psychological Association
750 First St., NE
Washington D.C. 20002-4242
202-336-5979
Fax 202-336-5978
Email: apaaccred@apa.org
Website: http://www.apa.org/ed/accreditation/
McLean Hospital/Harvard Medical School
Belmont, Massachusetts

INTERNSHIP TRAINING PROGRAM IN CLINICAL PSYCHOLOGY 2017-2018

McLean Hospital/Harvard Medical School offers a full-time Pre-doctoral Clinical Psychology Internship, accredited by the Commission on Accreditation of the American Psychological Association, to eligible fourth-year or higher graduate students enrolled in either APA or CPA-Approved clinical or counseling psychology doctoral programs. A stipend of $23,660, the choice of a fully paid health plan, 12 paid holidays plus 20 days vacation are also provided. In addition, all interns receive appointments at Harvard Medical School, Department of Psychiatry. This academic appointment allows access to a wide array of university resources, facilities and programs.

It is anticipated that there will be seven full time funded intern positions available for the 2017-2018 academic year. The Adult Psychopathology Track will have six positions that focus on the treatment of adults with a full spectrum of behavioral health issues. The Adolescent Psychopathology Track will have one position that focuses on the treatment of adolescents with a wide range of mental health disorders. The McLean Hospital/Harvard Medical School internship is committed to providing its trainees with the highest quality clinical, research and supervisory experiences designed to develop the necessary competencies that will prepare them for challenging psychology careers.

The McLean Hospital training program participates in the APPIC Internship Match Program and observes all of its guidelines. McLean and the Harvard Medical School are firmly committed to equal opportunity for all without regard to race, color, sex, age, religion, national origin, gender preference or handicap.

DESCRIPTION OF INSTITUTION

McLean Hospital is a private, non-profit, psychiatric hospital in Belmont, Massachusetts, an attractive suburban community just a few miles west of Boston. The hospital has 40 buildings on 140 beautiful acres of land. Founded in 1811, McLean is affiliated with Massachusetts General Hospital (MGH), the Partners HealthCare System and is the major psychiatric teaching hospital of the Harvard Medical School. In addition to internships and postdoctoral fellowships in psychology, there are active training programs for psychiatric residents, medical, social work, and nursing students. The hospital enjoys a national and international reputation for its excellence in clinical care, teaching, and research. For example, McLean has long been judged to be the nation’s top rated psychiatric hospital by US News and World Report. It is also ranked in the top five percent of all hospitals receiving National Institute of Health research funds with more than $45 million of annual research revenues. McLean is accredited by The Joint Commission and licensed by the Massachusetts Departments of Public Health and Mental Health.

In response to the many changes occurring in behavioral health care delivery, the hospital has
shifted from its historical focus as an inpatient care facility and now offers a full comprehensive care system that includes inpatient, partial hospital, residential, school based and outpatient services. As a result, the McLean program can provide its interns with supervised training experiences in a broad range of care settings. The McLean Hospital internship continues its long tradition of offering the highest quality comprehensive training designed to prepare students to pursue their future clinical, research and academic objectives. To that end we are very proud that in 2006 our internship was recognized by APPIC as the recipient of the Award for Excellence in Clinical Training. Interested applicants are encouraged to visit the Hospital’s Website to learn more about our clinical, research and training activities.

Link to McLean APA accredited internship

THE INTERNSHIP TRAINING PROGRAM

INTRODUCTION

The McLean Psychology Internship strives to develop its interns’ competencies in a wide range of empirically supported treatments that can be effectively utilized with a full spectrum of mental health disorders in an active tertiary care environment. While behavior therapy, cognitive behavior therapy, dialectic behavior therapy, acceptance and commitment therapy, and motivational interviewing orientations are most prevalent, there are opportunities to receive supervision in a variety of biopsychosocial perspectives. Our objective is to develop professional psychologists who epitomize the scientist-practitioner model. This is accomplished by teaching interns to translate theory into practice, better understand the relationship between evidence-based practice and practice-based evidence, comprehensively assess patients in order to plan and implement effective treatment, recognize the importance of respect in working with patients and colleagues, develop effective therapeutic relationships, be creative in clinical interventions, and show sensitivity to individuals in their ethnic, racial and cultural context, while adhering to the highest ethical standards. Other elements of training include substantial opportunities for interns to pursue their research interests and to develop healthcare administrative skills. The internship is comprised of the following five areas:

A. Specialized Training Tracks

Adult Psychopathology (6 positions)

Core Program: Approximately 80% of an intern’s time is devoted to a combination of the following:
- Yearlong intensive clinical training while working with a full spectrum of adult psychopathology in the McLean Behavioral Health Partial Hospital Program (BHP) augmented with 2-3 complementary clinical rotations.
- Clinical training rotations/placements include intensive case management, obsessive compulsive disorder program, and first episode outpatient clinic.
- Individual psychotherapy experiences in partial hospital, outpatient and inpatient settings
- Group psychotherapy in partial hospital and inpatient settings
- Comprehensive clinical and research supervision
- Ongoing outcome evaluation in a naturalistic clinical setting
• A variety of didactic seminars offered to interns in both tracks

**Adolescent Psychopathology (1 position)**

**Core Program: Approximately 80% of the intern’s times will be devoted to a combination of the following:**

• Yearlong intensive clinical training placement in 3East, the hospital’s comprehensive adolescent service that includes intensive residential, partial hospital, outpatient and school programs. The intern will have the opportunity to participate in a variety of individual and group therapy experiences along with assessment, consultation and case management activities.

• A yearlong clinical training placement in the McLean BHP, which provides individual and group therapy training opportunities in an adult partial hospital setting.

• A yearlong clinical placement in the first episode outpatient clinic.

• It is also possible to participate in elective rotations such as the obsessive compulsive disorder program.

• Comprehensive clinical and research supervision.

• Ongoing treatment outcome evaluation in a naturalistic setting.

• A variety of didactic seminars as referenced above.

**B. Primary Clinical Sites**

**Behavioral Health Partial Hospital Program (Adult Track)**

• The BHP is a multi-disciplinary, psychosocial milieu treatment program meeting the needs of patients from every major diagnostic category in DSM V. BHP provides sophisticated psychosocial treatments which are empirically informed and adapted to the needs of the current state of hospital-based psychiatry. The BHP is a comprehensive service integral to McLean’s system of care. There are approximately 800+ admissions (~70 admissions per month), with a comparable number of discharges, on an annual basis. The program offers approximately 100 groups per week. Approximately 50% of patients are referred from the McLean inpatient units, with the remainder from local hospitals, community mental health centers, private practitioners, and self-referrals. A small, albeit significant percentage come out-of-state to McLean for specialized treatment.

• The BHP at McLean Hospital offers state of the art, empirically-supported mental health treatments. Our mission is to help individuals develop skills to improve functioning, mood, and quality of life and to better cope with life circumstances. To achieve this mission, the BHP utilizes Cognitive Behavioral Therapy (CBT) approaches, including Dialectical Behavior Therapy (DBT) and Acceptance and Commitment Therapy (ACT) skills for a wide range of problems such as mood and anxiety disorders, personality disorders, thought disorders, and dual diagnoses.

• Interns engage in a variety of professional activities including: individual and group psychotherapy, consultation, assessment, evaluation, psychosocial milieu treatments and
Interns play a critical role in the BHP as Program Therapists. In this role, they provide clinical assessments and follow-up treatments as members of this closely supervised service.

Group therapy is a major component of treatment in the BHP and here, too, interns play a central role. They lead, co-lead and often develop many of the program’s therapy groups. Interns are assigned to groups based on their interests, training and programmatic needs.

Individual and group supervision, team approach to treatment, co-therapy with senior clinicians, “real time” clinical observation, in-service training and case conferences assist the intern in maximizing the educational potential of their BHP experience.

All interns participate in BHP treatment outcome evaluation in an acute naturalistic setting, and for those seeking a more intensive experience, there are many opportunities to work with existing data sets or to develop their own related studies. You can find more information on the types of research projects taking place at BHP at our Behavioral Health Partial Clinical Research Program page: [www.mcleanhospital.org/research-programs/behavioral-health-partial-clinical-research-program](http://www.mcleanhospital.org/research-programs/behavioral-health-partial-clinical-research-program)

The 3East Partial Hospital Program (Adolescent Track)

The Adolescent Track intern’s training experiences mirror those of the Adult Track as detailed above. However instead of having their “home” being in the BHP, they spend approximately 60% of their supervised clinical training time in the 3East Partial Hospital Program.

3East PHP is a co-ed program which treats adolescents and young adults ages 14 - 20. The program treats patients from both the hospital’s intensive residential program as well as referrals from the community. The typical patient has a history of suicidal behaviors, NSSI and other high-risk behaviors. Patients usually have co-occurring diagnoses that include anxiety, depression, learning disorders, disordered eating and substance abuse. In addition, approximately 40% of patients report symptoms of PTSD. The PHP is part of the 3East Continuum of care that includes; the Intensive/Step Down Residential program, Mill Street Lodge (for high school age girls), the Cambridge Residence (college age girls) and the 3East outpatient DBT clinic.

The PHP, like the other programs in the adolescent continuum, maintains fidelity to the DBT Model. We provide all 4 modes of treatment (Individual DBT, Skills Training, Skills Coaching and Consultation Team). In addition, there is a weekly 2-hour parent skills group in which all four DBT skills modules are taught and discussed. Attendance usually includes 15-20 parents attending either in person or on the phone.
C. Specialty Training Placements:

Concurrent with their yearlong placements, the interns have the opportunity to complete additional mandatory and elective training. For the adult track, interns complete three specialty placements detailed below. For the adolescent track, the intern is only required to complete the First Episode Clinic rotation. All interns complete two additional clinical or research electives (see Elective Placement section). The Specialty training placements provide opportunities for supervised experiences providing short- and long-term treatment utilizing a variety of approaches including BT, CBT, DBT, ACT, relational, interpersonal, and biopsychosocial informed models. In each, the interns’ activities are overseen by site specific supervisors.

- The OCD Institute (12 Weeks) is a residential program for Obsessive-Compulsive and Related Disorders, such as hair pulling, BDD, and hoarding. Interns play the role of behavior therapist assisting patients with exposure therapy and other CBT techniques.

- The First Episode Clinic (Yearlong) is an outpatient program serving patients newly-diagnosed with psychotic disorders including schizophrenia, schizoaffective disorder and bipolar disorder with psychosis. This rotation focuses on longer-term experiences conducting individual and group psychotherapy.

- Case management (12 Weeks) provides both the closest and broadest views of psychosocial treatment in the BHP. The case manager’s role is to be in charge of a patient’s treatment from admission to discharge. It entails both treating the patient and directing other professionals involved in the case.

D. Elective Placements:

In addition, each intern will choose 2 of the following 12 week clinical elective placements or participate in a personalized research elective (see research section):

- The Adolescent Residential Treatment Program is a dual diagnosis residential treatment program for adolescents through age 19 who are struggling with co-occurring substance use disorder and psychiatric illness. This rotation focuses on individual therapy doing motivational interviewing with one patient, twice a week for 30-minute sessions, for a total of 4-5 sessions. This elective is available to interns in either the Adult or Adolescent Track.

- The Adolescent DBT Partial Hospital Program is an intensive program that treats adolescents ages 13-20 with diagnoses of Emerging Borderline Personality Disorder (BPD), along with a variety of other primary or secondary diagnoses including anxiety disorders, mood disorders and PTSD. Almost all patients treated in this setting also struggle with issues of suicidality and self-injury. The DBT/PHP provides sophisticated individual and group treatments which are evidence-based and adherent to the DBT model of treatment. This elective is available to Adult Track interns.
• The McLean Anxiety Mastery Program (MAMP) is an outpatient program for children and adolescents, aged 9 through 18, who suffer from a variety of anxiety disorders and/or Obsessive-Compulsive Disorder (OCD). Treatment in MAMP is delivered in an intensive format in order to help youths with debilitating symptoms get back on track more quickly. Children and adolescents participate in MAMP four afternoons per week, Monday through Thursday, for at least four weeks. Monday, Wednesday, and Thursday afternoons start with a 50-minute CBT group. This elective is available to interns in either the Adult or Adolescent Track.

• Appleton Residential Program gives interns the opportunity to work with patients diagnosed with Bipolar and Psychotic Disorders in a residential setting. This is an invaluable training opportunity to learn how to function as a specialized consultant to a treatment team and work with patients with a broad spectrum of Psychotic Disorders and Bipolar Disorders. Interns will lead one CBT group for the residents, and work 1:1 with a few patients to improve their reality testing and behavioral monitoring. This elective is available to interns in either the Adult or Adolescent Track.

• BHP Clinical Research Program provides an opportunity to collaborate on ongoing research projects at the BHP and/or to conduct your own original data collection. The elective is flexible regarding number of months and number of hours per week. Principal Investigators are Thröstur Björgvinsson, PhD, ABPP, and Courtney Beard, PhD. Meetings include: Wednesday at 3pm lab meeting, individual meetings with Dr. Beard as needed for supervision. Possible research opportunities include: collaborating on ongoing projects, secondary data analysis of large clinical database (+4,000), adding your own measure to the BHP assessment battery, conducting an ancillary study (e.g., IAT task). Coordinated by Courtney Beard, PhD (room 130 of Rec. Bldg).

• See Research section for additional information on other research electives.

E. Additional Training Opportunities

In addition to their primary and specialty track placements, the McLean Hospital internship offers interns a variety of additional training opportunities. Selected in consultation with the intern’s advisor, each elective varies in regard to time commitment and the extent of involvement. These opportunities are based on an intern’s specific training needs and interests. The following are possible training placements that have been very popular with former interns and all will be available in 2017-2018. In addition, other opportunities often arise during the course of the training year. Additional training placements usually require a 2-5 hour per week time commitment, and can be 2-10 months in duration.

• Clinical Evaluation Center: This is the McLean Hospital admission service. Here the intern is trained to evaluate and make disposition plans for patients in the most acute phase of their illness. The intern works on a multi-disciplinary team with psychiatrists, nurses, social workers and residents to stabilize acutely ill adult patients with a wide
range of diagnoses. Emphasis is placed on assessing mental status, risk assessment for suicide, for violence and medical necessity for treatment. Interns are closely supervised in this rich training environment.

- **Obsessive-Compulsive Disorder Institute:** In addition to being a required rotation, this program is also available to interested interns as an elective. Located on the McLean campus this joint clinical collaboration between McLean and MGH provides interns with the opportunity to be involved in a comprehensive residential treatment facility that employs state-of-the-art BT/CBT and psychopharmacological treatments for these difficult disorders.

- **Klarman Eating Disorders Center:** A variety of training opportunities are available for interns to work with eating disordered patients. This program treats girls and young women (ages 16-26) in a state-of-the-art intensive residential and partial hospital treatment setting.

- **Borderline Personality Disorder Outpatient Clinic:** In addition to DBT training, interns also have opportunities to learn about more psychodynamic approaches by attending weekly case conferences and working with individual patients.

- **Substance Abuse Services:** In addition to being a required rotation, this program is also available to interested interns as an elective. There are a variety of clinical opportunities available for interns to work with adults in the inpatient, partial hospital and residential substance abuse programs.

**MENTORING AND SUPERVISION**

**A. Advisor**

- Each intern meets weekly with their assigned advisor (a Co-Director of Training) to discuss training goals, professional development and general concerns regarding the training experience.
- The McLean training program makes every effort to support the intern’s professional and personal development. These issues are addressed throughout the training year by didactic and process oriented seminars as well as individual meetings with their advisor and other supervisors.

**B. Supervision for Individual Psychotherapy**

- Each intern is assigned to at least four clinical supervisors who have individual weekly meetings with the trainee.
- Much effort is directed to help interns match cases with supervisors (e.g., supervisors designated for short-term, time-limited treatment, other supervisors for longer-term dynamically oriented therapy).
- In the program therapy role, interns attend twice-weekly rounds which are designed to provide intensive closely supervised clinical training. This includes thorough assessment, treatment planning, report writing, communication of recommendations to the referral source and follow-up treatment.
- Additional supervision is available for interns who have a particular interest in a specialized area (e.g., a particular diagnostic category or treatment approach).

**C. Supervision for Group Psychotherapy**
• Given that most trainees enter internship with a paucity of group experience, development of group therapy competencies represents one of the internship’s steepest learning curves.
• Training for group therapy begins with interns observing groups led by senior staff, co-leading with staff and in didactic seminars. Didactics include a foundation in conceptualizations of group therapy, BT/CBT applied in group formats, empirically supported treatments, group process techniques and protocol development.
• For the first few months of the training year, interns are often assigned to co-lead groups with senior staff.
• Once interns begin leading their own groups, supervision is oriented to trouble-shooting, problem solving and advancing group leadership competencies.
• Didactic seminars and clinical supervision continue throughout the year.
• Senior staff members often observe interns leading groups. This experience provides trainees with the opportunity for real time supervision and feedback.

D. Ongoing Faculty Collaboration
• Interns interact with numerous clinical faculty on a daily basis thus offering many “real time” supervisory and role modeling opportunities.
• All interns regularly attend rounds and case conferences led by clinical faculty, these too serve as rich training experiences.

SEMINARS AND OTHER ACTIVITIES

A. Core Seminars: Each of these yearlong seminars is offered on a weekly or biweekly basis.

• Theories and Practice: This weekly seminar, lead by Drs. Björgvinsson and Taylor, serves as the mainstay seminar for the internship year. It provides interns with focused clinical training in psychosocial-milieu treatment, individual and group therapies, consultation-liaison, case formulation, treatment planning and evaluation, diagnosis of severe psychopathology, translation of theory into practice, professional development and opportunities for weekly problem-solving.
• Cognitive Behavior Therapy & New Generation CBT: Intensive CBT didactic training is provided by a team of faculty members about CBT, BT, ACT, DBT and MI. It covers group and individual therapies, pragmatics of treatment and translation of empirically supported treatments into a clinical environment. Case presentations, observation, supervision are among the teaching methods employed.
• Seminar in Clinical Supervision: Seminar introduces interns to the theories and methods of clinical supervision.
• Multicultural Competency: This lecture series is designed to explore issues of multiculturalism, encompassing the dimensions of race, ethnicity, language, gender, class, and other cultural dimensions and how these factors influence clinical assessment, treatment, and therapeutic relationships.
• Hospital Administration: Dr. Levendusky meets biweekly with interns to discuss healthcare and hospital administration. Topics include regulatory issues, reimbursement models, strategic planning, program development and fiscal modeling.
B. Special Topics Seminars:

Each of these is presented in a two to four hour didactic seminar format by a Psychology Department faculty member who has a specialty in that area. Topics may vary from year to year and can include:

- Neuroscience of psychopathology and behavior
- Neuropsychological assessment
- Professional Development Issues
- Diversity and Multi-Culturalism
- Borderline Personality Disorder
- Suicide
- Para-Suicidality and Self-Destructive Behaviors
- Psychopharmacology
- Dual Diagnosis: Psychiatric/Substance Abuse
- Psychotherapy for Bipolar Disorder
- Dissociative Disorders and PTSD
- Family Therapy
- Treatment of Adolescents
- Ethics and Practice
- Private Practice Issues
- Psychotherapy Supervision
- Hypnotherapy
- Sports and Performance Psychology
- Positive Psychology

C. Inter-Disciplinary Training Activities

- **Psychopharmacology**: A psychiatrist from the BHP meets with interns to review pharmacological treatment strategies. Live interviews of patients are often part of this seminar.
- **Hospital-wide Case Conferences and Grand Rounds**: Interns are encouraged to attend case conferences, consultations and Grand Rounds.

RESEARCH

A. BHP Clinical Research Program

The BHP Clinical Research Program, which was founded in 2009, conducts research to improve our understanding and treatment of psychiatric disorders. The BHP exemplifies an integrative approach in which research informs clinical practice, and clinical practice informs research. Our primary aims are to:
- Predict who will respond best to treatment
- Understand why our treatment works
- Develop new and innovative interventions
- Examine transdiagnostic mechanisms underlying psychopathology
- Provide important insights regarding the structure of psychopathology

The BHP collects patient data via daily computerized self-report instruments and a one-time clinician-administered diagnostic interview. Together, these data are used to inform individualized case conceptualization and treatment planning. Patients may also consent for their clinical data to be de-identified and analyzed for research purposes and may participate in research studies involving computerized, fMRI, or EEG tasks.

The BHP provides research training and mentorship to many types of trainees, including clinical psychology post-doctoral fellows, pre-doctoral interns, practicum students, undergraduate student visitors, and BHP counselors. BHP trainees are involved in the entire research process and regularly present their work in poster presentations, symposia, and peer-reviewed manuscripts.

Here is a link to the publications from the BHP team within the last six years: BHP publications

**Treatment Outcome:** One of the BHP’s primary aims is to determine the effectiveness of our program, and identify predictors of treatment outcome. We are continually tracking outcomes, and examining a range of patient-relevant and program-relevant factors that may impact treatment response.

**Mechanisms of Change:** The BHP collects patient data daily, thereby allowing the examination of mechanisms of change. Previous trainees have published papers examining CBT vs DBT vs ACT utilization and examined potential mechanisms of change in art/expressive groups.

**Treatment Development:** The BHP is constantly striving to improve patient care, which often takes the form of development of new group protocols based on current research findings. Our pre-doctoral interns and post-doctoral fellows are particularly involved with this aspect of treatment and program development. Recent examples include the development of new groups focused on teaching Dialectical Behavior Therapy skills, integrating spirituality into treatment, and improving self-compassion. Previous trainees have compared different group protocols for enhancing physical activity. Current projects include a randomized controlled trial of Cognitive Bias Modification for Interpretation as an augmentation to the partial hospital.

**Psychopathology:** Given the heterogeneity and comorbidity of the BHP’s patient population, we are interested in delineating important transdiagnostic vulnerability factors. This work aims to inform our theories of psychopathology and identify targets for treatment. Previous trainees have examined attentional control, cognitive flexibility, anhedonia, and self-injury through self-report and computer tasks. Current efforts include applying network analysis and Ecological Momentary Assessment to better understand symptom relations and CBT skill use.
after patients leave our program.

**Psychometric Evaluation:** The BHP is ideally suited to evaluate the psychometric properties of psychological assessments given the large number of patients that attend our program. We are especially interested in examining how measures perform in our naturalistic, acute population.

Here is a link to the home page of the Research Program: [BHP Clinical Research Program](http://www.mcleanhospital.org/research)

**B. Alcohol and Drug Abuse Treatment Program (ADATP)**

- Principal Investigator: Roger Weiss, MD
- Opportunities exist to conduct research assessments (SCID) on several studies including medication trials and psychosocial interventions.
- Possibility exists to be paid a flat rate for each assessment (in addition to an intern’s stipend), but this changes year to year depending on status of grant.
- Contact Bill Jaffee, Ph.D. x3123

**C. Research of Schizophrenia and Bipolar Disorders**

- Dost Ongur, MD is the Principal Investigator on a study of Genotype, Phenotype, and Cognitive Factors related to Schizophrenia and Bipolar Disorder. Eve Lewandowski, PhD (former intern) is Director of Clinical Programming at this Program.

**D. The Study of Borderline Personality Disorder and Adult Development**

- Dr. Zanarini is one of the most prominent researchers in Borderline Personality Disorder both nationally and internationally. Her research on the course of BPD has had a major influence on how borderline personality disorder is viewed and understood.
- Weekly meetings are held Thursdays at 4pm with guest speakers, and discussions of manuscripts and research in progress. Participation is encouraged and anyone interested in this line of research is encouraged to discuss possible research/career tracks with Dr. Zanarini.

**E. Research Mentoring with a Senior Researcher**

- Interns may establish a working relationship with one of the many senior researchers and principle investigators in the McLean system.
- The time commitment is a minimum of 4 hours per week.
- This may entail pure mentoring or possible involvement in actual research.

Program Values, Training Objectives, and Resources

**Support and Self-Care:** Internship is an exciting year! It is obviously a time for both
personal and professional development. However, finding a balance between one’s personal and professional demands can be a significant challenge. Recognizing this, the McLean faculty offers ongoing support throughout the year to assist interns to achieve a healthy and productive balance.

- **Professional and Personal Development**: Internship can be stressful and it is sometimes difficult for an intern to ask for added help or support. The program is designed with both structured and unstructured means of support to promote an intern’s professional as well as personal growth.

  A. **McLean-Based Support**

  - **Advisor**: As described above, each intern is assigned to one of the co-directors of training who will serve as their advisor throughout the year. In weekly meetings, the emphasis is on professional development including: optimizing the intern’s training experience, decisions about electives, career planning (e.g., options for post-doctoral training or job search) and problem solving. Additionally, the advisor and intern continually review the intern’s progress to insure that the training objectives are being met.

  - **Intern Group**: This weekly intern group represents an experiential component of group therapy training. The group facilitator is a senior faculty member, who preserves confidentiality of interns and thus provides interns with an opportunity to speak openly about their training issues. The intern group functions independently of the internship’s evaluative process. This allows trainees to address group processes within the intern cohort.

  - **Professional and Personal Development Seminars**: Throughout the year seminars are held to address issues such as professional identity, balancing professional/personal life, self-care and the experience of working with difficult or challenging patients.

  - **Evaluations**: Interns are first formally evaluated early in the year (September/October) with the aim of being proactive in identifying areas that may require added training opportunities to either resolve problematic issues or help facilitate more advanced experiences for enhanced skill development. In addition, a second formal evaluation is scheduled for later in the year (March/April) that is designed to provide interns with feedback on their progress towards meeting training objectives as well as progress towards achieving their post internship career goals. Both of these evaluations are in addition to the ongoing evaluative feedback offered by advisor and supervisors throughout the year.

  B. **Harvard Medical School Support Resources**

  - **Low-Fee Psychotherapy**: All trainees in the Harvard system can avail themselves of a low-fee psychotherapy program. The psychotherapy is provided through therapist’s private practice and may be covered by insurance. Otherwise, fees are set on an “ability to pay” sliding-scale. Given the professional and personal challenges that interns sometimes face during the year, this can prove to be a valuable resource.

  - **AHANA Psychology Program (African American, Hispanic (Latino), Asian-American & Native American)**: This association is organized and lead by Jessica Henderson Daniel, PhD, one of the most well respected psychologists in the Boston area.
It is supported by the Harvard Medical School, Department of Psychiatry and involves trainees from all of the Harvard training sites. Regular meetings are held to address a wide range professional growth and support issues. In addition, AHANA sponsors one or two social events during the year.

**APPLICANT ELIGIBILITY REQUIREMENT**

Applicants are expected to be enrolled in either an APA or CPA accredited clinical or counseling psychology doctoral program and will have completed their program’s required pre-internship course work, as well as have an approved dissertation proposal prior to the start of the internship year (i.e., July 1, 2015). The applicant should also have participated in a minimum of 500 supervised practicum hours obtained in two or more different practicum sites. In addition, they must have achieved a high level of academic accomplishment along with a strong track record of research productivity including referred journal publications and presentations at national scientific meetings. For additional information about eligibility requirements, see the Harvard Medical School/McLean Hospital listing in the most recent APPIC Internship Directory.

**INTERN PROFILE**

Given their wide range of interests and diversity of background, it is difficult to characterize the “typical” McLean intern. They are recruited from high-quality graduate programs throughout North America. For example, the class of 2016-2017 includes interns from Boston University, Binghamton University, California School of Professional Psychology, Northern Illinois University, Stony Brook University, University of California (Berkeley), University of Massachusetts (Amherst), and the University of Rhode Island. All possess outstanding academic backgrounds, substantial research productivity and career objectives that are in the areas of traditional academics and/or academic medicine. They are people with high energy, a strong work ethic, substantial flexibility, and a real desire to expand their professional competencies by pursuing top-notch training in a complex and sophisticated clinical setting. Our interns also represent a full range of racial, ethnic and cultural diversity including many APA Minority Fellows. Following internship our graduates have achieved an outstanding track record of career achievement.

A demonstrative sample finds them in senior academic, administrative, clinical and research positions at such outstanding institutions as Barnard College, Baylor University, Brigham and Women’s Hospital, Children’s Hospital/Boston, Duke University, Drexel University College of Medicine, Emory University School of Medicine, Harvard College, Harvard Law School, Harvard Medical School, Hunter College, Johns Hopkins University, Lewis and Clark College, Massachusetts General Hospital, McGill University, McLean Hospital, Menninger Clinic, Michigan State University, Mississippi State University, Mount Holyoke College, National Institutes of Mental Health, Rutgers University, Temple University, UCLA, Universities of Indiana, Louisville, Maryland, Massachusetts/Boston, Michigan, Montana, Pennsylvania, Texas, and Washington, University of the South, Southern Illinois University, Stanford University, Western Psychiatric Institute and Clinic, and Yale University.
Following internship graduation, the 2015-2016 class continued with either research or clinical post-doctoral fellowships at McLean Hospital, Weill Cornell Medical College, and University of Rochester. In short, we are very proud of our former interns’ professional accomplishments as scientist-practitioners and look forward to training other such high caliber students.

**COMMENTS FROM FORMER INTERNS***

“The McLean internship provided me with an invaluable training experience working in a multidisciplinary setting with patients suffering from a wide variety of Axis I and Axis II psychopathology.”

“A unique balance exists between the rigorous demands of intense group and individual therapy and the rich intellectual environment of a premiere teaching hospital.”

“Countless clinical and research opportunities insured me of the experience I was looking for in an internship.”

“Really rounded out my training and helped me to achieve my goal of obtaining a highly competitive academic position.”

“The most humane and supportive training environment I have experienced in my graduate education.”

“The relationship I had with supervisors, peers and patients during internship filled critical gaps in my training.”

Psychology Training Faculty

Arnold, Frances, PhD – (Boston University)
Clinical Associate in Psychology, McLean Hospital; Clinical Instructor in Psychology, Department of Psychiatry, Harvard Medical School

*Auerbach, Randy, PhD, ABPP – (McGill University)
Director, Child and Adolescent Mood Disorders Laboratory, Center for Depression, Anxiety and Stress Research; Director, Clinical Research, Division of Child and Adolescent Psychiatry, McLean Hospital; Assistant Professor, Harvard Medical School

Ball, Carol J., PhD – (Indiana State University)
Clinical Associate in Psychology, McLean Hospital; Clinical Instructor in Psychology, Department of Psychiatry, Harvard Medical School

*Beard, Courteney, PhD – (University of Georgia)
Assistant Psychologist, McLean Hospital; Assistant Professor in Psychology, Department of Psychiatry, Harvard Medical School

Belfer, Perry, PhD – (Catholic University of America)
Clinical Associate in Psychology, McLean Hospital; Clinical Instructor in Psychology, Department of Psychiatry, Harvard Medical School

*Bell, Catherine, PhD – (Northeastern University)
Staff Psychologist, College Mental Health Initiative McLean Hospital, Instructor, Department of Psychiatry, Harvard Medical School

*Björgvinsson, Thórstur, PhD, ABPP – (Queens University)
Director of Behavioral Health Partial Program, Co-Director of Psychology Training, McLean Hospital; Associate Professor of Psychology, Department of Psychiatry, Harvard Medical School

*Brenner, Kurt G., PhD – (Northwestern University Medical School)
Assistant Psychologist, McLean Hospital; Instructor in Psychology, Department of Psychiatry, Harvard Medical School

Brody, Stephanie, PsyD – (Yeshiva University)
Clinical Associate in Psychology, McLean Hospital; Clinical Instructor in Psychology, Department of Psychiatry, Harvard Medical School

*Brown, Jeffrey, PsyD, ABPP – (Forest Institute)
Clinical Associate in Psychology, McLean Hospital; Clinical Instructor in Psychology, Department of Psychiatry, Harvard Medical School

Chase, Kenneth A., PhD – (SUNY, Stony Brook)
Clinical Associate in Psychology, McLean Hospital; Clinical Instructor in Psychology, Department of Psychiatry, Harvard Medical School

*Crosby, Jesse, PhD – (Utah State University)
Assistant Psychologist, McLean Hospital; Administrative Director, OCD Institute Office of Clinical Assessment and Research, McLean Hospital; Instructor in Psychology, Department of Psychiatry, Harvard Medical School
*Crowley, Mary Ellen J., PhD – (Ohio University)
  Assistant Psychologist, McLean Hospital; Clinical Instructor in Psychology, Department of Psychiatry, Harvard Medical School

Davidoff, Donald, PhD – (City University of New York)
  Associate Psychologist, McLean Hospital; Psychologist-in-Charge, Special Care Unit, McLean Hospital, Coordinator of Neuropsychological and Psychodiagnostic Testing Services, McLean Hospital; Instructor in Psychology, Department of Psychiatry, Harvard Medical School

*Dowden, Shauna L, PhD – (University of Connecticut)
  Assistant Psychologist, McLean Hospital; Clinical Instructor in Psychology, Department of Psychiatry, Harvard Medical School

Ferrer, Laura, PhD – (Ohio State University)
  Clinical Associate in Psychology, McLean Hospital; Clinical Instructor in Psychology, Department of Psychiatry, Harvard Medical School

Flores, Joe B., MD – (Baylor College of Medicine)
  Assistant Psychiatrist, McLean Hospital; Instructor in Psychiatry, Harvard Medical School

*Garvey, Kerry, PhD – (Hahnemann University School of Medicine)
  Assistant Psychologist, McLean Hospital; Clinical Instructor in Psychology, Department of Psychiatry, Harvard Medical School

*Ginandes, Carol S., PhD, ABPP – (Boston University)
  Clinical Associate in Psychology, McLean Hospital; Clinical Instructor in Psychology, Department of Psychiatry, Harvard Medical School

*Gironde, Stephanie, PhD – (Harvard University)
  Assistant Psychologist, Behavioral Health Partial Program, McLean Hospital; Instructor in Psychology, Department of Psychiatry, Harvard Medical School

*Goldblatt, Mark, MD – (University of Witwatersrand, South Africa)
  Clinical Associate in Psychiatry, McLean Hospital; Clinical Instructor in Psychiatry, Harvard Medical School

*Goldstein, Robin E., PhD - (Florida State University)
  Clinical Associate in Psychology, McLean Hospital; Clinical Instructor in Psychology, Department of Psychiatry, Harvard Medical School

Gunderson, John G., MD – (Harvard Medical School)
  Psychiatrist, McLean Hospital; Professor of Psychiatry, Harvard Medical School

Hooley, Jill, DPhil – (Oxford University)
  Clinical Associate in Psychology, McLean Hospital; Professor, Faculty of Arts and Sciences, Harvard University

Huxley, Nancy A., PhD – (University of Pittsburgh)
  Assistant Psychologist, McLean Hospital; Instructor in Psychology, Department of Psychiatry, Harvard Medical School

*Jaffee, William, PhD – (SUNY, Stony Brook)
  Clinical Associate, McLean Hospital; Instructor, Department of Psychiatry, Harvard Medical School

Kauffman, Carol M., PhD, ABPP – (Boston University)
  Clinical Associate in Psychology, Psychologist, McLean Hospital; Clinical Instructor in Psychology in the
Department of Psychiatry, Harvard Medical School

*Kuller, Andrew, PsyD – (Massachusetts School of Professional Psychology)
Staff Psychologist, Behavioral Health Partial, Instructor in Psychology, Department of Psychiatry, Harvard Medical School

*Levendusky, Philip G., PhD, ABPP – (Washington State University)
Psychologist, McLean Hospital; Senior Vice President, Business Development and Marketing, McLean Hospital; Director of Psychology Department and Co-Director of Psychology Training, McLean Hospital; Associate Professor of Psychology, Department of Psychiatry, Harvard Medical School

Menninger, Eliza W., MD – (Harvard Medical School)
Associate Psychiatrist, McLean Hospital; Instructor in Psychiatry, Harvard Medical School

*Murphy, Elizabeth, PhD – (SUNY, Stony Brook);
Associate Psychologist, McLean Hospital; Instructor in Psychology, Department of Psychiatry, Harvard Medical School

Neuhaus, Edmund C., PhD, ABPP – (Clark University)
Associate Psychologist, McLean Hospital; Clinical Associate McLean Hospital; Assistant Professor of Psychology, Department of Psychiatry, Harvard Medical School

*Olivardia, Roberto, PhD – (University of Massachusetts/Boston)
Assistant Psychologist, McLean Hospital; Clinical Instructor in Psychology, Department of Psychiatry, Harvard Medical School

*Parks, Susan, PhD – (University of Pittsburgh)
Psychologist, McLean Hospital; Assistant Director of the Child and Adolescent Testing Service at McLean Hospital; Clinical Instructor, Department of Psychiatry, Harvard Medical School

Pizzagalli, Diego, PhD – (University of Zurich, Switzerland.)
Associate Professor (pending), Harvard Medical School; Director at Neuroimaging Center; Director at Center for Depression, Anxiety and Stress Research

*Ronningstam, Elsa, PhD – (University of Stockholm, Sweden)
Psychologist, McLean Hospital; Associate Clinical Professor of Psychology, Department of Psychiatry, Harvard Medical School

*Saad, Rima, PhD – (Allegheny University of the Health Services)
Assistant Psychologist, McLean Hospital; Instructor in Psychology, Department of Psychiatry, Harvard Medical School

Samilov, Anna, PhD – (SUNY, Stony Brook)
Clinical Instructor, Department of Psychology Harvard Medical School

*Santello, Mark, PhD – (University of Vermont)
Associate Psychologist, McLean Hospital; Clinical Instructor in Psychology, Department of Psychiatry, Harvard Medical School

*Schrock, Matthew, PhD – (University of Louisville)
Assistant Psychologist, McLean Hospital; Instructor in Psychology, Department of Psychiatry, Harvard Medical School.

*Stember, David I., PhD – (University of Nebraska, Lincoln)
Szymanski, Jeff B., PhD – (Northern Illinois University)
Assistant Psychologist in the Department of Psychiatry, McLean Hospital; Clinical Instructor in Psychology, Harvard Medical School

*Taylor, Gary A., PhD – (University of North Carolina)
Head Psychologist, Behavioral Health Partial Program, McLean Hospital; Assistant Director, Psychology Training Program, McLean Hospital; Instructor in Psychology, Department of Psychiatry, Harvard Medical School

Taylor, Jennifer, PhD – (Rutgers University)
Assistant Psychologist, McLean Hospital; Clinical Instructor in Psychology, Department of Psychiatry, Harvard Medical School

*Tellides, Cathy, PhD - (McGill University)
Clinical Associate, McLean Hospital; Department of Psychiatry, Harvard Medical School

*Torres, Elizabeth, PsyD – (Graduate School of Applied and Professional Psychology-Rutgers University)
Clinical Associate in Psychology, McLean Hospital; Clinical Instructor in Psychology, Department of Psychiatry, Harvard Medical School

*Weinberg, Igor, PhD – (Bar-Ilan University, Israel)
Staff Psychologist, Fernside Treatment Center, McLean Hospital; Instructor, Department of Psychiatry, Harvard Medical School

*Yaffe, Peter E., PhD – (SUNY, Albany); Clinical Associate in Psychology, McLean Hospital; Clinical Instructor in Psychology, Department of Psychiatry, Harvard Medical School

*Youngberg, Robert L., PhD – (Temple University)
Assistant Psychologist, McLean Hospital; Director, Group Programming on North Belknap I and II; Instructor in Psychology, Department of Psychiatry, Harvard Medical School

Zanarini, Mary, Ed.D – (Harvard University)
Director, Laboratory for the Study of Adult Development, McLean Hospital, Associate Professor of Psychology, Harvard Medical School

*Zuckerman, Marc J., PhD – (University of Miami, Coral Gables)
Assistant Psychologist, McLean Hospital; Clinical Instructor in Psychology, Department of Psychiatry, Harvard Medical School

*Supervising Faculty